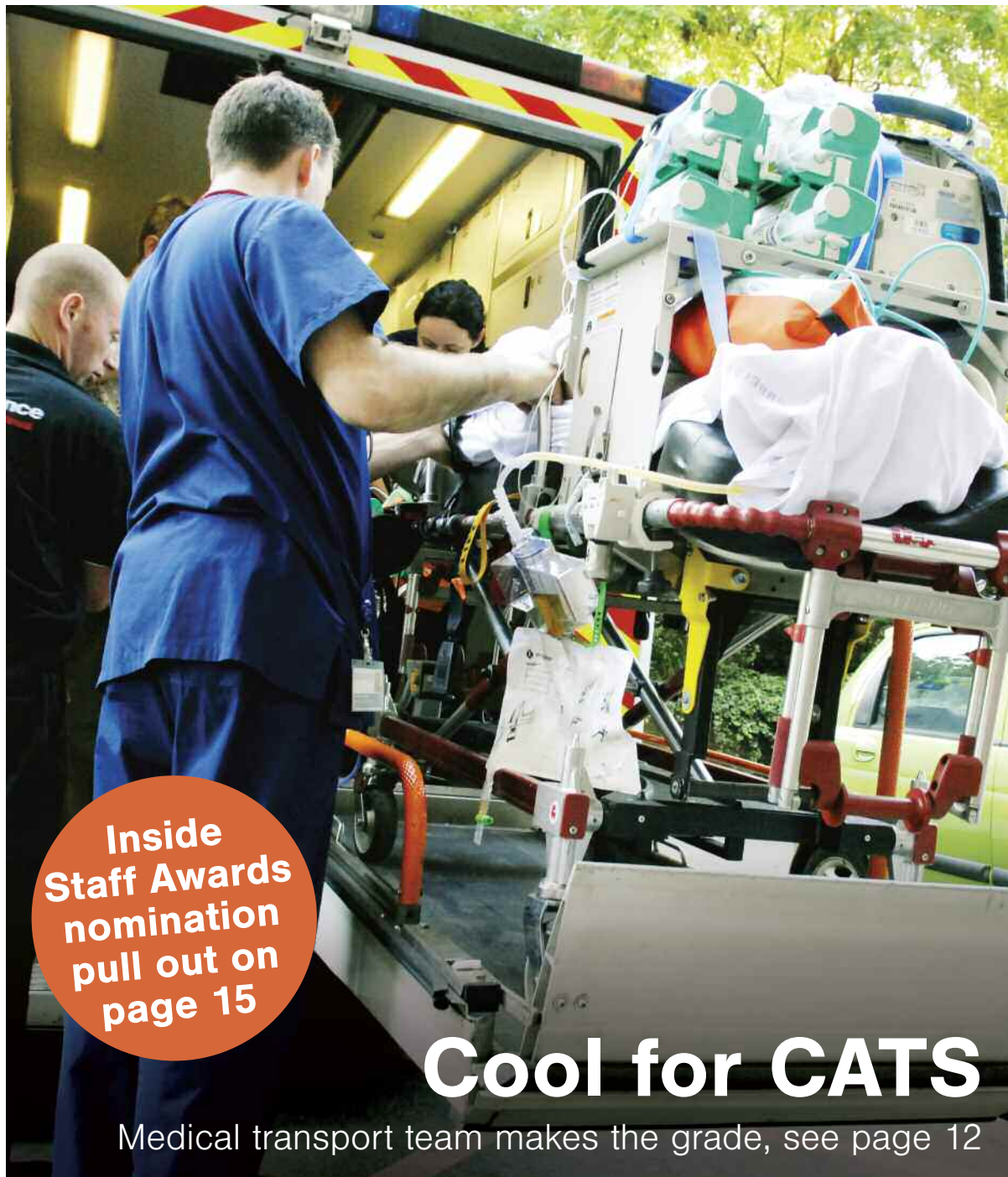


# Roundabout

The magazine of Great Ormond Street Hospital for Children and the UCL Institute of Child Health

March 2010



Inside  
Staff Awards  
nomination  
pull out on  
page 15

## Cool for CATS



Medical transport team makes the grade, see page 12



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Foundation Trust staff consultation begins. Read all about it on page 8

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**Apology** The Editorial Team would like to apologise for a rather silly error in last month's *Roundabout*, page 18. We wrongly said it was the Year of the Dragon – it is, of course, the Year of the Tiger (as we correctly wrote on page 20).

The deadline for April's edition is **Wednesday 10 March**. Please send your submissions to [andy.gayler@gosh.org](mailto:andy.gayler@gosh.org). Any articles submitted after this date will not be included in April's edition.

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## A note from Jane Collins Chief executive

By the time you read this I hope you will have seen or heard about our consultation to become a Foundation Trust (FT). We have had a difficult journey with our Foundation Trust application because of some long-standing financial issues. Although the cap on income we can earn from our international work is still in place we have been able to negotiate better prices for a lot (but not all) of our NHS work. Provided we continue to grow our services and make savings where possible (no waste, no waits and zero harm) we believe we can get over the hurdles required to become an FT. The only unknown is the economic situation, over which we have no control, but on most other things we do have control so the Board has decided to move forward with our application.

Becoming a Foundation Trust is not an end in itself but it will enable us to remain an independent organisation able to concentrate on caring for, diagnosing and treating sick children. We are among the few hospitals in the UK focused only on children, which I hope you agree brings real benefits for them and their families, and we are also the only hospital that can provide all the care needed for the most seriously ill children in the UK – achieving among the best outcomes in the world in many areas.

With our services at North Middlesex University Hospital (NMUH) and NHS Haringey we are also able to support our staff there to do the very best for the children they see. Our management arrangements with NMUH may change in the spring but we will still provide educational and

training support at the very least. And as NHS London is proposing two networks to provide specialist services for children across London we may be doing the same for other organisations as well. We will obviously have a key role in at least one network and, for some super specialist services, perhaps for both.

Hospitals that are not Foundation Trusts will be taken over by another hospital, subject of course to public consultation. Community services may be linked with local hospitals and therefore Haringey children's services may change management too, but there are no definite plans yet and until change happens our absolute responsibility is to the children of Haringey.

Being an FT doesn't make the financial challenges we will be facing any worse – just like every other public body we will have to manage them as best we can. I can't think of any down side to becoming an FT except, perhaps, that it is a lot of work in the short term – but we would need to do the work anyway.

We will still be part of the NHS. As well as keeping our independence it will help us work better with you all, something I know many of you want. Staff will become members of the FT (unless you choose to opt out) and you will be able to elect representatives to the Members' Council, which plays an important part in setting the direction the Trust will follow.

I very much hope you will want to support our application.

**Read more about Foundation Trust on pages 8, 9 and 30.**

## Charity accounts

Great Ormond Street Hospital Children's Charity has been reassuring its supporters that it will not have to merge its accounts with those of Great Ormond Street Hospital for Children NHS Trust. After discussions with charity and hospital auditors, both organisations will continue to prepare their accounts independently.

There has been concern and misrepresentation in the press over whether the accounts would have to be merged and the general public were concerned that charitable funds were being brought under the control of the government.

The confusion arose as a result of the way the NHS plans to bring in International Accounting Standard (IAS) 27 which refers to situations where one body has a measure of control over the other. Our charity has its own special trustees who make decisions about what they support independently from management control by the hospital.

Alan Hodson, Chair of the charity special trustees said: "The charity is extremely grateful to all its supporters who help them fund pioneering medical research, the essential redevelopment and expansion of the hospital, the purchase of equipment, and support for our families."

## A date with OASIS

A reminder to all staff that a number of seminars are being run by OASIS staff support service next month:

**Application forms and CVs** 2 March

**Interview skills** 2 March and 15 March

**Career planning** 9 March

**Managing stress** 10 March

**Pre-retirement** 18 March

**To book a place on any of the seminars, call 0207 380 9800 or email [osis.dept@uclh.nhs.uk](mailto:osis.dept@uclh.nhs.uk)**



## Patient's prize for top talk

On 8 February, Dr Anthony Vandersteen, Specialist Registrar (SpR) in Clinical Genetics, was presented with the Bethan Nancy Mount Award. The award ceremony was attended by Bethan and her family, Dr Jane Collins, members of the Executive Team, consultants and junior doctors.

Bethan Nancy Mount was a patient at Great Ormond Street Hospital under the care of Dr Mamoun Elawad, Consultant Paediatric Gastroenterologist. Bethan's grandparents, Mr and Mrs Sol Kay, were delighted with the treatment their granddaughter received and to show their appreciation they generously donated £3,000 to set up an award in her name.

The Bethan Nancy Mount Award SpR lecture series was created to showcase the hospital's skilled clinicians and was open to all SpRs. Between October and December last year, 10 doctors presented their lectures ranging from immunology to radiology and cardiothoracics to

psychology. More than 275 people attended the lectures and the audience, together with a judging panel, scored the lectures and chose Anthony as the winner.

"I was very surprised to win the award, especially with such superb competition," Anthony said. "I am grateful to my department for all their support and training over the past year."

The Bethan Nancy Mount Award will run annually and the Post Graduate Medical Education (PGME) Department will continue to organise the lecture series highlighting the work of our junior doctors.

Many thanks to the Mount family and the Kay family for their support. And also to all the speakers who gave lectures: Lee Noimark, Shiva Ramroop, Nick Pratrapp, Ronny Cheung, Shahzad Raja, Anthony Vandersteen, Haran Jogeessvaran, Lil-Sofie Ording-Muller, Omer Moghraby and Rakendu Suren.

Bethan (centre) and her family with winner, Dr Anthony Vandersteen (far right).



## Something to sing about

Members of GOSH choir performed at St Katherine Cree's Church on 10 February, as part of Music in Offices Valentine's Concert. The choir performed Mozart's *Ave Verum* and the *Skye Boat Song*, led by choir conductor Maya Sapone, opera singer. The choir is participating in the first Music In Offices, Office Choir of the Year Competition and was set to perform at the competition heats on 25 February as *Roundabout* went to press.

GOSH choir with the conductor Maya Sapone.

## Advanced Access: speeding up the patient pathway

Nobody likes to wait around unnecessarily, whether it's for a bus, tube or taxi. For patients, waiting to be seen and treated is a source of even more frustration, adding to what can be an already worrying and stressful situation. Getting the right treatment to the right patient at the right time involves a complex set of processes and the Advanced Access project from the Transformation Team seeks to make it easier and quicker for patients and staff alike.

The Advanced Access project works with the Outpatients Department (OPD) and the different clinical specialties to be able to offer a first appointment no more than ten working days from receipt of referral (where clinically appropriate), as part of Great Ormond Street Hospital for Children NHS Trust's 'no waits' strategic aim.

Project lead on Advanced Access is Julie Clifton: "The types of things we look for with advanced access is demand on the service, what the wait times are, what the blockages are and why there is not a steady flow," she said.

By the end of 2010, 31 specialties (six are already delivering) will have redesigned their services. This

includes pooling of referrals, establishment of dedicated new patient only clinics, and reducing the frequency of follow-up appointments to make space for new patients. In addition to the Advanced Access project, the OPD operational manager, Zoe Wilks, has a work programme to improve the outpatient environment for patients, parents and staff.

Each specialty has its own project group consisting of medical, nursing and administrative staff, supported by the project lead for Advanced Access, a Transformation improvement facilitator and data analyst, and the OPD operational team.

"It is about a standard approach, about everyone doing the same thing and about portraying people's expectations in the right way. So, ensuring the family know what they can expect when they come here," said Julie.

So far, Infectious Diseases, Haematology, Oncology, BMT, Cardiology and Epilepsy have all achieved their targets as of January 2010. It's a great start to a significant project.

**The Transformation Expo will take place in Weston House on 14-15 July.**

### Executive safety Walkround diary

**Haringey Community Health** 2 March 2010  
Jane Collins (Executive), Terry Durack (Estates and Facilities), Roisin Mulvaney (Safety), Peter Lachman (Transformation).

**Penguin Ward** 9 March 2010  
Janet Willis (Executive), Terry Durack (Estates and Facilities), Leigh Gibson (Safety), Yolanda Fernandes (Transformation).

**Miffy Ward** 16 March 2010  
Janet Willis (Executive), Anna Cornish (Estates and Facilities), Viv Whittaker (Safety), Yolanda Fernandes (Transformation).

**Transplant Suite** 23 March 2010  
Fiona Dalton (Executive), Terry Durack (Estates and Facilities), Angela Dewhurst (Safety), Peter Lachman (Transformation).

**Badger Ward** 30 March 2010  
Robbie Burns (Executive), Margaret Hollis (Estates and Facilities), Salina Parkyn (Safety), Yolanda Fernandes (Transformation).



## A note from Professor Andrew Copp Director, UCL Institute of Child Health (ICH)

Last October, we welcomed Terence Stephenson as the ICH's new Nuffield Professor of Paediatrics. Terence is a well-known British paediatrician who was formerly Dean of the Medical School at the University of Nottingham. He is also President of the Royal College of Paediatrics and Child Health. On arriving at ICH, Terence took on the task of developing a new academic grouping in General and Adolescent Paediatrics, to extend the range of child health research and education that we cover.

Not satisfied with these demanding new roles, Terence recently applied for funding from the Department of Health (DH) to establish a Policy Research Unit (PRU) for Children, Young People and Families. I was delighted to hear this week that the bid has been successful, and the DH has awarded £4.5 million over the next five years to develop this important new unit.

Terence was joined by several senior colleagues in this bid to the DH. At ICH, Professor Catherine Law, Professor Ruth Gilbert and Dr Russell Viner will all lead particular PRU activities, while Dr Miranda Wolpert (UCL) will also play a key role. The PRU's aim is to provide evidence for policy and practice, so as to promote the health and wellbeing of children, young people and families. The focus will be on what works, how it works, for whom and in what circumstances, and how families can best be supported in promoting children's health and well-being. The PRU will support the aims of the Child Health Strategy with the goal of making England the best place for young people to grow up by 2020.

Four main activities are initially envisaged for the PRU. In The Healthy Child, Catherine Law will investigate how children's health can be promoted and protected, reflecting the priorities of Every Child Matters [a government initiative]. The focus will be on factors that are amenable to change through public policy, with a particular focus on health inequalities.

In the second activity, Healthcare Provision, Ruth Gilbert will lead research on access to services, especially for children with chronic illness or disability. Preventive health, especially injury prevention and interventions for vulnerable, maltreated, and looked-after children will be major priorities.

The third activity, Mental Health led by Miranda Wolpert, will be focused on understanding child development (including emotional development) and learning in the early environment, improving the transition to parenthood, and promoting parenting practices and education of parents. Studies of families from disadvantaged backgrounds will be a priority.

In the final activity, Adolescence, Russell Viner will focus particularly on generic interventions outside 'health' (eg within schools) that both address risky behaviour such as alcohol usage, sexual activity, unhealthy diets and physical inactivity. The aim is to promote wider health in adolescents as they approach the transition to adulthood.

The whole team is to be congratulated on having achieved this DH award. We look forward to exciting and important outcomes for children's health in the years to come.

# Foundation Trust – the consultation begins

On 9 February, Great Ormond Street Hospital for Children NHS Trust (GOSH) launched its staff consultation for its Foundation Trust (FT) application. The event was held in the canteen and attracted more than 60 members of staff. Chief Executive Jane Collins, General Manager Sven Bunn, who is leading the application process, and Staff Side rep Sarah Lewis all gave short talks to mark the occasion. Afterwards, a 'consultation' stand was opened in the Orangery for staff to visit.

It was the beginning of a four months long engagement programme with the public and staff that forms a major part of GOSH's bid to become an FT. This month *Roundabout* talks to Sven about the overall FT application and to Sue Lyon, who heads up the staff engagement team.



## The staff consultation

The staff engagement programme is a major part of the Foundation Trust application process and Sue Lyon (left), who is leading the process, wants us all to realise just how important our involvement is for both ourselves and the hospital. "I think it's a pivotal time in GOSH's history and staff have got the opportunity to engage and help shape the direction it's going to go in," she says. "That's why I would encourage people to respond to the consultation and make use of the fact they're going to have a say in the running of the Trust."

But, Sven Bunn (right) says, the consultation is not just about GOSH getting Foundation Trust status. "It's about how we're going forward as an organisation, how we want to work together and there's an opportunity for staff to put their views about what we should be focusing on – ideas about how we can work more effectively, more safely."

The consultation runs until June and has a number of avenues to make sure it reaches as many staff members as possible. To begin with, the consultation document will be available online and then there will also be FT experts making themselves available for questioning and feedback.

"We've got a network of what we call Foundation Trust Ambassadors," Sue explains. "They'll be coming out to departments and ward areas and giving staff in their usual meetings a presentation which goes through the basics of what Foundation Trust is and why the Trust is doing it. There will also be a facility for the ambassadors to feed back anything they don't know the answer to so we can get a personalised answer out."

"On top of that we're going to have people, usually members of the FT project team, giving presentations at the bigger Trust meetings – at the general managers' meetings, staff forum and things like that."

Sue adds there will also be events, including one in Haringey, a presence at every corporate induction between now and the end of May, and a slot on the mandatory update sessions. As well as stands in reception, articles in *Roundabout*, and messages in emails and on notice boards. So make sure you have your say and fill in the consultation document.

## The timetable

Sven Bunn says running parallel with the consultation process is finishing the integrated business plan (IBP) ready for the next stage. "Once we've completed the IBP we can ask NHS London to review our application," Sven says. "They get in a firm of accountants to go over our plans and previous performance in 'forensic' detail. When they're satisfied with that, we'll go to the July Trust board meeting with a proposal to submit our application to the Secretary of State for Health. "The Secretary of State process takes about two months. If approved, this goes to Monitor, the independent regulator, and Monitor takes three months to do their assessments with them giving us the feedback and approval, hopefully, in early 2011."



Key tasks/events	Start date	End date
Consultation period	9 February 2010	11 June 2010
Integrated business plan	January 2010	31 May 2010
Historic due diligence	7 June 2010	9 July 2010
Trust Board approve application for FT status	28 July 2010	
Application submitted to Secretary of State	1 August 2010	
Department of Health review	1 August 2010	30 September 2010
Application submitted to Monitor	1 October 2010	
Monitor assessment phase	1 October 2010	31 December 2010
Members' Council elections	End of September/early October 2010	
Authorisation confirmed	January 2011	

## You can find the staff consultation document at [www.gosh.nhs.uk/foundation](http://www.gosh.nhs.uk/foundation)

*Roundabout* will cover the results of the consultation which will also be available online.



Above: Foundation Trust application timetable.  
Left: Public and staff consultation documents.



## Lady Rhys Williams

### Former board member remembered

Caroline Rhys Williams, who had held a number of posts at Great Ormond Street Hospital for Children NHS Trust (GOSH) in a period spanning more than two decades, died on December 27, age 75.

Born Caroline Foster she became a professional musician and married Sir Brandon Rhys Williams in 1961. From early on she became involved with the NHS and was appointed to the GOSH Board of Governors in 1982, and as a Trustee of the Wishing Well Appeal in 1984. She was also Chairman of the hospital school from 1984 to 1995, and from 1990 to 2005 was the lay Chairman of the medical appointments panel.

Chief Executive Jane Collins said her willingness to take on different roles reflected her commitment to the hospital. "She was a true friend, willing to challenge and support in equal measure."

Andrew Fane, Trust Board non-executive director, said he first came into close contact with Lady Rhys Williams when she was chairing the hospital school back in 1995. "She had a passion and enthusiasm for the school and its work that brooked no doubts at all. Indeed she was a wonderful chairman herself, put the school into exceptional heart, and I learnt many skills from her that I have subsequently sought to replicate in succeeding her," he said. "She was simply wholly committed to everything to which she gave her name and her time."

Yvonne Hill, Headteacher of the hospital school was appointed Deputy and then Head when Lady Rhys Williams was Chairman of Governors of the School. "She was an incredibly supportive and kind person with a clear, strategic vision. On appointing me as Head, in her warm congratulations, she gave me one piece of advice: 'Never be complacent!' – which has been the school leadership's motto ever since."

## GOLD rings the changes

Update on redevelopment of staff training website

In 2009 the vision for the GOLD campus was to develop the site to bring new functionality and improved access for all staff. A programme was devised for 2009/10, which Great Ormond Street Hospital Children's Charity has kindly funded.

The programme consists of a number of projects, each of which underpins the education and training department's overarching goal to provide high quality, innovative, accessible learning that supports a high quality patient experience.

Projects include:

1. Creation of the GOLD Learning Network, known as GOLDcomm (an online learning community for the Trust). GOLDcomm is designed for improved informal learning and collaboration, sharing of knowledge and best practice, and creating connectivity with colleagues to aid with learning and education.
2. Installation of a new learning management system called Moodle (Modular Object-Oriented Dynamic Learning Environment – [www.moodle.org](http://www.moodle.org)), which provides fuller functionality and access. Not only can it be accessed via Internet Explorer, but also other platforms, such as Firefox and Safari – so good news for all those Mac users in the Trust!

Developments are underway with a planned launch in April 2010. Some staff have already been helping the GOLD Team with the design and development of the new site and in particular GOLDcomm.

**Further information will be in next month's Roundabout, but if you have any questions then please do contact the GOLD Team by emailing [gold@gosh.nhs.uk](mailto:gold@gosh.nhs.uk)**

## In the news

Following a General Medical Council ruling on Dr Andrew Wakefield, who wrongly linked the MMR vaccine with bowel disorders and autism, Dr Helen Bedford and Dr David Elliman gave interviews to ITN News, Channel 4 News, Sky News, BBC News, BBC News online and *The Independent*, reiterating advice that the vaccine remains the best way to protect children against measles, mumps and rubella. Dr Vas Novelli was also quoted in the *Mail on Sunday* about the dangers of a surge in teenage mumps caused by failure to vaccinate.

**Many national papers reported the birth of Irish conjoined twins Hassan and Hussein Benhaffaf, who are under the care of Irish colleagues and the surgical team at Great Ormond Street Hospital for Children NHS Trust (GOSH).**

*The Times* reported on the work of consultant anaesthetist Dr Isabeau Walker in implementing the World Health Organisation's safer surgical checklist at GOSH. It is a safety technique employed in theatres based on checklists used by pilots that aims to ensure all the basic and necessary things are done to help avoid unnecessary injuries and deaths.

**Press Association reported the results of a study led by Dr Paul Sacher that proved the effectiveness of the MEND (Mind, Exercise, Nutrition...Do it!) programme in the prevention and treatment of paediatric obesity. The study was published in the February edition of the American journal *Obesity*. The results were also reported by some health websites in the UK and US, and local papers.**

*Practical Parenting Magazine* featured Dr Justin Daniels who gave general health advice to parents whose children might have had an accident in the home.

# The CATS who are the cream

## Medical transport team given top-notch approval by standard setter

The Children's Acute Transport Service (CATS) was given a massive boost at the end of January when it gained accreditation to one of the most respected organisations in its field. The CATS Team, based in offices in Bedford Row, met, and in some cases surpassed, stringent criteria by the American Commission on Accreditation of Medical Transport Systems (CAMTS) to be added to its esteemed list of professional services across the globe. *Roundabout* spoke to Dr Daniel Lutman, Consultant for CATS, and Eithne Polke, Nurse Specialist Co-ordinator, about their success.

"We wanted to be sure that we were delivering a top quality service," Daniel explains. "In the US they have a pretty tough system of accrediting transport systems. I think it's about half the transport services

like us in the States are accredited by the system so we invited them to come and review our service.

"It's a non-profit making association that looks at every aspect of a retrieval system like ours – from risk to health and safety, protocols, guidelines, training, education, staffing, vehicles – and everybody who interacts with us and how we sit within the wider healthcare setting. And they've been doing that for something like 20 years, so they're expert in assessing a transport service. We wanted their expertise in identifying those areas that we could improve on and most people would accept they're the best people in the world at doing that."

The CAMTS experts flew over from the US and spent four full days looking at every aspect of

the service, including our helicopter and aircraft providers.

"We had to produce all our documentation for them," Eithne says. "They interviewed a number of staff and witnessed the service in action from all of the various sections – it's pretty intense. They go through everything with a fine tooth comb. No stone is left unturned."

Accreditation means CATS is the only UK service with CAMTS approval and the only service outside the US and Canada accredited for all three modalities of fixed wing, helicopter and ground transport. Furthermore, not only did the CATS Team meet the standards required, they also had one or two areas of excellence that may be used to go into the CAMTS' best practice manual.

"We're over the moon," Eithne says. "All the hard work has paid off – it has been worth it. And we didn't appreciate how much work we had done until we started to pull it together and how much we had achieved for such a new service. We have a really tight team here. We work extremely well together. Everybody is involved in making the service what it is today. And everybody gets the credit for it."

**For more information about CATS, log on to [www.cats.nhs.uk](http://www.cats.nhs.uk)**

**For more information about CAMTS, log on to [www.camts.org](http://www.camts.org)**



### The Children's Acute Transport Service (CATS)

Although CATS is part of Great Ormond Street Hospital for Children NHS Trust it remains a collaborative service, with the Royal Brompton Hospital and St Mary's Hospital designed to make intensive care rapidly available to critically ill children in North Thames and East Anglia.

- Established in 2001
- Fielded 15,500 referral calls in that time
- Moved about 9,000 children into Intensive Care
- Staff include: four full-time consultants, 10 permanent nurses, 16 ambulance technicians, seven administrators, plus rotation staff and others
- In 2008/09 handled 2,078 referral calls and 1,103 critical care retrievals
- Use RAF for helicopters – landing in Regent's Park
- List of trusted people with fixed-wing aircraft (London City and Luton airports)
- Vast majority is ground ambulance work. CATS own specialist ambulances are about to be replaced with three bespoke ambulances.

## Care Quality Commission A new registration process

From April 2010, all NHS trusts and healthcare providers are required to be registered with the Care Quality Commission (CQC). This is to enable us to continue to provide services which are classed as regulated activities and are defined in the Health and Social Care Act 2008. All the current services provided by the Trust fall within these broad categories and must be registered. The Trust has applied for registration and our application is currently being reviewed by the CQC. We are hoping to get feedback on this by the end of March.

The purpose of the change is to make sure that anyone who uses our services knows by our registration status that essential standards of quality and safety are being met. Registration looks at both the outcomes of care and how we involve our users in improving, developing and delivering these services. The focus is very much on their experience, including their opinions on the way the Trust protects their rights, maintains their dignity and supports and involves them in decision making. This is a significant change from previous assessments which looked at specific measures to assess the care delivered rather than the experience of that care from the perspective of the users.

### So what can staff do to help with this process?

As registration requirements are defined in law they are expected to be in place continuously, not just at the date of registration, and failure to comply will mean the Trust is breaking the law. A dedicated web page will be available on the intranet which will give you an outline of the process, what the CQC will assess us against and other supporting information and useful links. Please take time to look at this. We know teams already do a tremendous amount of work with families to use their views and keep the child as the central focus and this is a good opportunity to make sure we can capture and record this.

**If you think your team has the kind of evidence of family and child involvement that would be useful in demonstrating compliance, or of anything which may affect or strengthen our registration, please give Vivian Whittaker a call on ext 8631.**

Awards are open to all staff, patients, parents and carers



**RBC** race for the Kids

**5k fun run**  
Battersea Park, 6 June 2010

All ages welcome • Team entry • Post-run entertainment • Bring a picnic

[www.raceforthekids.co.uk](http://www.raceforthekids.co.uk)  
020 7239 3131

Great Ormond Street Hospital Charity

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Do you know someone who has made a real difference in the Trust in the last year? If so, why not nominate them for a staff recognition award?

There are six categories for you to choose from:

★ **Zero to hero**

For an exceptional contribution to achieving our zero harm targets.

Nominations open to everyone

★ **Bureaucracy buster**

A shining example of cutting red tape.

Nominations open to everyone

★ **Colleague of the year**

For a special individual who improves the working lives of the people around them.

Nominations open to staff only

★ **Team of the year**

Working together to make a real difference to patients, families and/or staff.

Nominations open to everyone

★ **Manager of the year**

For an exceptional manager who listens, motivates, empowers and helps the team to achieve their goals.

Nominations open to staff only

★ **Child and family award**

For a special individual or team.

Nominations open to patients, parents and carers only

**Remember** to tell us as much as possible about why you're nominating this person or team and also children, families and carers can nominate in a number of categories, so please do encourage them to do so if you think they would like to make a public thank you to someone.



## Entering your nominee is easy

- Complete the nomination form overleaf
- Post it into one of the ballot boxes around the Trust or post it to Jane Collins, Chief Executive, Great Ormond Street Hospital, Great Ormond Street, London WC1N 3JH
- If you want to nominate more than one person for an award you can:
  - photocopy the form overleaf
  - pick up a nomination form from the HR department in York House, from one of the nomination boxes around the Trust (Great Ormond Street Hospital for Children NHS Trust [GOSH] main reception and HR department, York House)
  - download a form from GOS Web (under Noticeboard) and email it to [staffrecognition@gosh.nhs.uk](mailto:staffrecognition@gosh.nhs.uk)

**All nominations must be received by Friday 30 April 2010.**

All nominees receive a personal letter from the Chief Executive, and we know from feedback that nominees and winners alike were often surprised and delighted that their work was so appreciated by their colleagues.

The Staff Awards 2010 ceremony will be held on Wednesday 26 May 2010.

**Great Ormond Street Hospital Children's Charity funds the Staff Awards.**

**Closing date for nominations is Friday 30 April 2010**



# Nomination form

Closing date is Friday 30 April 2010

Your name

Email address

Telephone/Trust ext

Category you are nominating for (only one nomination per form):

<input type="checkbox"/> <b>Zero to hero</b>	<input type="checkbox"/> <b>Bureaucracy buster</b>	<input type="checkbox"/> <b>Colleague of the year</b>
<input type="checkbox"/> <b>Team of the year</b>	<input type="checkbox"/> <b>Manager of the year</b>	<input type="checkbox"/> <b>Child and family award</b>

Name of the individual or team you are nominating

Department they work in and extension number (if known)

Please let us know why you are nominating this person (continue on an extra sheet if necessary).

## Faith in practice

Having started this new page last month it may have occurred to some that it may seem a bit out of touch with so much else that is going on. Is 'faith in practice' still relevant? The question becomes more poignant when one considers that in most of the inductions, when participants are asked if all people are religious (or institutionally faithful), the majority would say no. A larger majority do, however, respond positively to the statement 'all people are spiritual'. Perhaps that is where this page makes sense. Within the Chaplaincy and Spiritual Care Department is the belief all people are spiritual. Incorporated within this are the ideas that all people deal, in one way or another, with issues of hope, meaning transcendence (the ability to see the bigger picture) and relationships. The practices of the faiths here represent some of the ways in which people fulfil these spiritual needs in more community based institutional settings. These may also be demonstrated in the values we hold – something of great significance as we move towards Foundation Trust status.

**Contact either Jim Linthicum, chair of the Great Ormond Street Hospital Multi-Faith Group for Spiritual Care (ext 8232).**

**Great Ormond Street Hospital Children's Charity helps fund the chaplaincy.**



### Other festivals in March

- 1 March – Hola Moholla (Sikh)
- 2 March – Nineteen Day Fast starts (Bahá'í)
- 3 March – Hina-matsuri (above) – Festival of Dolls (Shinto)
- 14 March – Mothering Sunday (Christian and associated with Buddhism)
- 24 March – Rama Navami (Hindu)
- 28 March – Palm Sunday (Christian).



### Festival focus Passover

Date: starts 29 March and lasts for eight days  
Faith: Jewish

Passover is the 'festival of freedom' when Jewish people celebrate their deliverance from being slaves of the Pharaoh in Egypt and the beginning of their journey to liberty and the service of God as a free nation. On the first two nights of Passover a Seder meal is held in every Jewish home on which the story of the slavery and exodus are told. The discussion is generally widened to include themes of freedom, slavery, exile and homecoming throughout the ages. The key moments are when Jews eat the unleavened bread and chew the bitter herbs to remind them of the taste of suffering and injustice and the hope of all humankind for freedom.

### Lifestyle implications

In memory of the unleavened bread eaten in the haste of leaving Egypt, Jews strictly avoid all products containing leaven (an agent, such as yeast, causing dough to rise).

### Salutations

The most common greeting for the festival is simply "Chag Same'ach" – "Happy festival".

### Passover at GOSH

A demonstration of Passover (Pesach) celebrations will be held in the Chapel foyer at 1.30pm on Wednesday 24 March.

# Out & about March

## St Patrick's Day parade and festival

14 March

Various venues

The Mayor's St Patrick's Day Parade and Festival will take place on Sunday 14 March and is likely to be one of London's liveliest celebrations of the year with more than 100,000 people attending the event last year. Trafalgar Square will host a main performance stage with Irish music and dance from traditional to contemporary. Also expect lots of other things Irish, including food and crafts. The parade floats, marching bands and groups representing the Irish counties will go through central London from Green Park to Trafalgar Square from midday but there will be lots of other St Patrick's celebrations throughout the city (and country).

## Ideal Home Show 2010

20 March to 5 April

Earl's Court Exhibition Centre

This year's Ideal Home Show is focused on home improvement, thrifty living and eco initiatives and, whether you own or rent, it promises to help you get the most out of your home and garden. Exhibitors and displays have the latest products. Highlights include demonstrations on healthy eating, growing your own and cooking to a budget. Also, the latest in technology, design and innovation for the home, seminars and DIY demonstrations by leading experts and celebrities, exterior design and more.

**For tickets and more information, log on to [www.idealhomeshow.co.uk](http://www.idealhomeshow.co.uk)**

**Free event**

## Irving Penn Portraits

18 February to 6 June

National Portrait Gallery

This exhibition features more than 120 portraits from Irving Penn's career, spanning seven decades. The photographer, who was born in New Jersey in 1917 and began his career in New York in the 1940s working for Vogue, snapped many well-known figures and you can see portraits of Salvador Dali, Marlene Dietrich, Christian Dior, TS Eliot, Duke Ellington, Alfred Hitchcock, Nicole Kidman, Pablo Picasso and Harold Pinter. **For more information, log on to [www.npg.org.uk](http://www.npg.org.uk)**

## 24th London Lesbian and Gay Film Festival

17-31 March

Various venues

The London Lesbian and Gay Film Festival (LLGFF) brings the best in lesbian and gay cinema to London with access to the cream of European and World cinema. As the UK's third-largest film festival, the event attracts hundreds of visiting filmmakers, cast, crew and more than 250,000 visitors each year. About 250 feature films, documentaries and short films will be shown, along with archive material at the BFI, Southbank, and selected venues around the city. **For more information, log on to [www.bfi.org.uk/llgff](http://www.bfi.org.uk/llgff)**

## Sports and Social Committee

### GOSH Book Group



#### Howards End by EM Forster

The Book Group read just this one book this month. The novel was first published in 1910 and tells a story of class struggle in turn-of-the-century England. The main themes are the difficulties, troubles and also the benefits of relationships between members of different social classes. The liberal-thinking wealthy Schlegel sisters become enmeshed in the lives of the privileged Wilcox and under-privileged Bast families, with humorous yet tragic consequences. Many critics consider *Howards End* undoubtedly Forster's masterpiece and it was made into an equally acclaimed film in 1992 starring Emma Thomson, Helena Bonham-Carter and Anthony Hopkins.



The group's Daniela Hearst had this to say about the novel: "A classic worth reading and re-reading, even if you have seen the film."

While Solmaz Oskooei added: "*Howards End* – an essay-novel about England's landscape and its class system in the early 1900s, centring on two sisters. A staid, wordy story with characters that can be related to."

Review rating: ★★★★★☆

**If you'd like to join the Book Group at one of its meetings, please feel free to contact Lisa Sharman, [SharmL@gosh.nhs.uk](mailto:SharmL@gosh.nhs.uk)**

**The Sports and Social Committee is funded by Great Ormond Street Hospital Children's Charity.**

## GOSH free film show

The dangers of fast food, especially when it falls from the sky, and the back story of some old space friends make up this month's free film double bill which takes place on Monday 1 March in the Ground Floor Lecture Theatre in Weston House.

For our younger audience we have **Cloudy with the Chance of Meatballs (U)** at 6.15pm. Flint Lockwood is a clumsy inventor who tries to help his island community's failing economy by inventing a machine which can turn water into food. Unfortunately, the machine escapes into the atmosphere and before he knows it burgers and all sorts of other things are raining down on the island. When a TV station sends a trainee to the weather department to cover the phenomenon, Flint becomes famous. However, the island's mayor overworks the machine putting the human race at risk. Based on the popular children's book this is an entertaining animation about the dangers of junk food.



At 8pm **Star Trek (12A)**. This new take on the popular sci-fi franchise takes us back to the beginning of the story to discover how Kirk, Spock, Bones, Scotty and Uhura started their careers on the Starship

Enterprise. We see the young cadets undertake their training and see how they came to be the people we know and love. Barely trained they are thrust into an adventure at the final frontier. Kirk has to prove himself, after having been a restless cadet at the academy. This is an exciting entry into the huge Star Trek canon and modern filming techniques make the space sequences more thrilling than ever.

**If you would like to know more about March's film show please contact Tim Starkey on ext 7827.**

## Learnabout

Welcome to *Roundabout's* new-look Education and Training feature. Each month we will focus on a particular learning topic. This month:

### Leadership and management

We offer a range of development programmes for managers and leaders at all levels of the organisation. If you're new to managing, stepping up to a senior position, or simply taking on new responsibilities within your existing role, our programmes are designed to develop your skills, knowledge and self-awareness so you can have a positive impact on your work and the people around you. This month we want to focus on the coaching aspect of the leadership and management learning portfolio.

### Coaching skills development programme

Coaching skills are fundamentally important in today's rapidly changing environment. By using coaching in your managerial or leadership role you can get the best performance out of your team, adopt effective communication methods and help anyone to focus on their goals.

This experiential learning programme is spread across 12 months and consists of a range of learning interventions including: 360 degree feedback, five personal coaching sessions, a two-day coaching skills workshop, and attendance at two half-day Coaching Community Forums. You

will learn a range of coaching skills and tools which are directly applicable to your role.

### What people who have previously attended say:

"I'm better at my job, which means I'm better at helping the Trust deliver where it wants to go."

"My management of others is improved."

"I feel more able to engage in conversations with staff."

"I notice the difference in the quality of conversations with people I work with."

### The next programme begins in May and the deadline for applications is April.

**Log on to [http://gold.ivysoft.co.uk/e&t/learning\\_opportunities/index.html](http://gold.ivysoft.co.uk/e&t/learning_opportunities/index.html) for more details and to download an application form. Select 'Coaching Skills Development Programme'.**

### Other leadership and management learning opportunities:

- Developing Senior Managers' Programme (new intake September 10, tbc)
- Every Decision Counts (six-month course begins March. Check GOLD)
- Leadership and Management Programme (6–8 June, 2–4 November)
- Managing Attendance and Performance Skills (29 June, 14 September)
- Personal Development Reviews (PDR) and the Knowledge and Skills Framework (KSF) (14 April, 2 June, 18 June)
- Prince 2 Foundation (14–16 June, 11–13 October)
- Prince 2 Practitioner (8–9 July, 4–5 November)
- Recruitment and Selection Skills (11 March, 10 May, 14 July)
- Recruitment and Selection Skills for Lead Recruiting Managers (11 March, 14 July)
- Speed Reading (7 April, 5 July)

Visit <http://gold.ivysoft.co.uk> for more details on all of these opportunities. General contact details for Education and Training, [etcentre@gosh.nhs.uk](mailto:etcentre@gosh.nhs.uk) ext 8073.

# Introducing Lottie Wilkins

Lottie Wilkins, the new Hospital and Family Liaison Officer for Great Ormond Street Hospital Children's Charity started her career in public relations more than 12 years ago. She has worked for a number of big agencies on accounts such as O2, Sony Ericsson, Johnson and Johnson and Leapfrog Toys. However, she put her career on hold nearly five years ago when she had her second son, Louis.

When Louis was three months old he was referred to Great Ormond Street Hospital for Children NHS Trust and was diagnosed with hydrocephalus. He has subsequently had four operations and numerous scans at the hospital. Lottie was so impressed with the care and attention the family received on Bumblebee and Parrot wards she decided to volunteer in the charity's Press Office. She did this for three months and when the position of Hospital and Family Liaison Officer was advertised she applied and got the job.

Lottie is responsible for acting as the central point of communication for the charity with hospital staff, patients and their families. Her job involves public relations and one of her main roles is finding patients and families willing to share their story for PR purposes or who are willing to speak at fundraising events or take part in filming.

"Patient stories really help with the fundraising process and I always ensure any family who works with the charity is treated with the same level of respect and care a clinical team would give them," Lottie says. "If staff do come across unusual or interesting cases please do let me know and I can contact the family and ask if they would be interested in taking part."

Lottie is also the person to go to if a patient really needs a treat as she manages a lot of the gifts-in-kind the charity receives. Gifts range from soft toys



and signed memorabilia to tickets for concerts and film premieres. "I can't always help, but if a child has had a rough time, email me and I will see what I can do," she adds.

Lottie says she 'thoroughly' enjoys her job as it is so varied and she comes into contact with so many different people. "I aim to be the person to know for any hospital staff when they have a query about the charity," she says. "I also want to inform as many hospital staff as possible about the work the charity does and what exactly we fund within the hospital, such as the redevelopment, research, parent and staff welfare and Go Create! If a team or an individual would like to know more please contact me and I'll be happy to meet up for a quick chat."

**You can contact Lottie on ext 6438 or email her at [lottie.wilkins@gosh.org](mailto:lottie.wilkins@gosh.org)**

## GOSH revealed

### 'Babs' – car and cot

John Godfrey Parry Thomas was born near Wrexham, North Wales, in 1885, the son of a clergyman. He trained as an engineer at Leyland before founding his own automotive engineering business. After World War One he began competing as a racing driver at the famous Brooklands circuit at Weybridge and other early motor sport venues, living modestly in a rented cottage near Brooklands he shared with his two Alsatians. He moved on from this to become one of the wave of British challengers for the World Land Speed Record in the 1920s, along with arch-rivals Henry Seagrave and Malcolm Campbell, purchasing the Higham Special car, previously known as Chitty Chitty Bang Bang, developed by the Anglo-Polish Count Louis Zborowski.

Driving this car, renamed Babs (main picture) and powered by a monstrous 27-litre Liberty aircraft engine, Parry Thomas set a new world record of 170mph at Pendine Sands in South Wales in April 1926. With no family of his own, Thomas had a keen interest in child welfare issues. Soon after achieving his new record, he visited Great Ormond Street Hospital for Children NHS Trust (GOSH) semi-incognito and asked to visit one of the wards. On doing so, he rapidly fled in distress after seeing the seriously ill inpatients, but immediately visited the hospital's financial secretary JG Ketchen. He promised Ketchen to endow a cot at the hospital for one year, which at the time required a £50 subscription. The cot (far right) was named Babs after his car and he funded it from fees received for displaying the car and from BBC radio broadcasts about his record attempt.

He subsequently topped this up with £15 earned from driving London buses during the 1926 General Strike and also endowed another cot at the Belgrave Hospital for Children.

In 1927 Parry Thomas planned to go public with his fundraising and organise a large motoring display in aid of the hospital at Brooklands. In January, Malcolm Campbell beat Thomas' land speed record, raising it to 174mph, and on 3 March Parry Thomas made another attempt to regain the record at Pendine. On his first run he matched Campbell's speed, but on the second run hitting a bump in the sand snapped one of the car's huge driveshafts. It flailed back and struck Parry Thomas, and with its driver already dead the car somersaulted across the sands and caught fire.

Following Thomas' death, his work for the hospital became public knowledge and a campaign was rapidly launched, hosted by *Autocar* magazine and with support from the wider motor industry of the day, to endow the Babs cot in perpetuity as his memorial. Within only eight weeks, the target of £1,000 had been met and exceeded, and the cot was established in the hospital's Victoria Ward in May 1927. The wrecked Babs was buried in the sand dunes at Pendine, but controversially dug up and restored in 1969 by another Welsh engineer, Owen Wyn Owen. It is now on display at the Museum of Speed at Pendine, and periodically fired up for demonstration runs.

**The Museum and Archive Service is funded by Great Ormond Street Hospital Children's Charity.**





## Staying Positive workshops now running

By the Staying Positive team

Thank you to those staff who have referred young people to the Staying Positive self management programme so far. We are still actively recruiting teenagers for the workshops and really need your help in encouraging young people to take part.

Megan, 15, had this to say about the impact the workshops can have on young people's lives: "I felt empowered as a result of the workshops and I was definitely able to communicate better with people about my condition. Meeting other people with health conditions made me feel less alone as I felt that I had never met anyone who properly understood me before. The course benefited me so much that I became a facilitator so that I could help others too."

**Workshops coming up in the South East area:** Canterbury, starts 11am, Sunday 7 March.

**Workshops coming up outside London:**

- Clitheroe, East Lancashire, Saturday 13 March.
- Hull, April 2010.

**Look out for more information and the workshop referral form via the e-bulletin for staff, or from Nigel Mills. Or contact:**

- **Anna Gregorowski at Great Ormond Street Hospital for Children NHS Trust (GOSH) on ext 5150.**
- **Sharlene Mills, Staying Positive Trainer at Sharlene.mills@eppcic.co.uk or call 07595 272465.**

**Staying Positive is funded by Great Ormond Street Hospital Children's Charity.**

## Make a stand against fraud

Local Counter Fraud Specialist (LCFS) Anna McGoldrick will be hosting a fraud information stand in reception at Great Ormond Street Hospital for Children NHS Trust (GOSH) on Monday 8 March as part of Fraud Awareness Month.

GOSH will be showing its commitment to creating an anti-fraud culture by educating staff and other stakeholders about the damaging effects of fraud and some simple ways to prevent and stop it. Anna, who is responsible for overseeing all aspects of fraud, will be available to answer any questions staff may have regarding fraud within the NHS.

Fraud against the NHS is a drain on the valuable assets and costs the health service hundreds of millions of pounds every year and there are many types of fraud. The work of our LCFS and the national NHS Counter Fraud Service has already recovered tens of millions of pounds of NHS money and led to many fraudsters being prosecuted. To assist these efforts to reduce losses to fraud, it is important that staff know how to recognise risks of fraud and report suspected instances.

"Fraud against the NHS costs staff, patients and communities," Anna said. "It is not a victimless crime and if we are to do all we can to improve health services for the patients at GOSH we need to ensure we are protecting the resources set aside for patient care."

**For more information, please email Anna McGoldrick, Local Counter Fraud Specialist, at [anna.mcgoldrick@nhs.net](mailto:anna.mcgoldrick@nhs.net) or call 020 7351 8363.**

**If you have a concern about NHS Fraud, please contact Anna as above or call the confidential NHS Fraud and Corruption Reporting Line on free phone 0800 082 40 60.**



## Word on the ward Ladybird Ward

*Roundabout* begins a new feature this month where we visit one of the wards. This month we popped along to Ladybird Ward to ask four members of the team:

**If you could be a different animal, what would you be?**



"I'd be a giraffe because I'm tall. I'm always told I've got long legs and a long neck." Gemma Carby, student nurse

"I think I would like to be a fly on the wall. I like to be in the know." Pauline Williams, Pulsebank nurse.



"I'd like to be a dolphin. I love the sea and they can swim really fast." Laura Gray, staff nurse.

"A kangaroo because I could live somewhere hot and I could be involved in everything." Grace White, senior staff nurse.



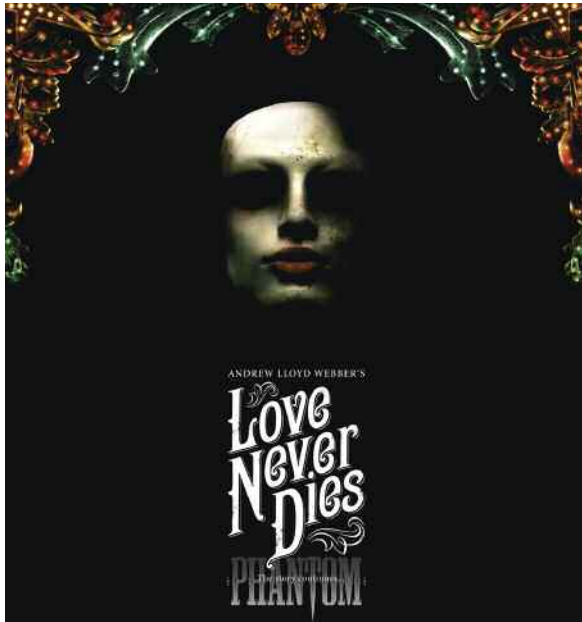
**About Ladybird Ward:** A 16-bedded unit for children up to 16 years old with congenital or acquired heart defects, those requiring thoracic surgery, patients with pulmonary hypertension and children on a Berlin Heart.

**To be featured here, email Andy Gayler, at [andy.gayler@gosh.org](mailto:andy.gayler@gosh.org), or call ext 6522.**

# Charity pages

We need to raise £50 million every year to help rebuild and refurbish Great Ormond Street Hospital, buy vital equipment and fund pioneering research.

For more information please call 020 7239 3000 or log on to [www.gosh.org](http://www.gosh.org)



Tickets are on sale now for a very special gala performance of Andrew Lloyd Webber's latest musical, *Love Never Dies* on Tuesday 16 March, at the Adelphi Theatre.

The principal characters of *The Phantom of the Opera* return to the stage for the only charity gala performance of *Love Never Dies*. And 100 per cent of the proceeds will go towards the Theatres for Theatres Appeal – a three-year initiative to raise £4 million to help fund two new state-of-the-art operating theatres at Great Ormond Street Hospital for Children NHS Trust.

To buy tickets, call 0844 811 0056 quoting GOSHCC or book online at [www.seetickets.com/goshcc](http://www.seetickets.com/goshcc)

Tickets will be sold on a strictly first come first served basis and are non-transferable.

## Help this elephant fly...off the shelves

Dumbo is a Disney favourite and this delightful plush for both adults and children alike, is sporting his famous hat and huge fluffy ears. This soft toy, exclusive to Disney Store, is only £5.99 when you spend £15 in store and 25 per cent of the retail price will come to the Disney Appeal for Great Ormond Street Hospital Children's Charity.

To get your very own Dumbo plush at this special price, head to Disney Stores from the 4 March. But hurry, the Thumper promotion in aid of the charity last year sold out in just two weeks.

Disney Stores' contribution will go towards Disney's ongoing commitment to the hospital's redevelopment appeal to raise £10 million to help fund the construction of a new restaurant and café area to make Great Ormond Street Hospital a nicer place for the children and their families.



## Center Parcs pledge to help keep families together

This January, Center Parcs, the UK's leader in the short break market, launched its first charity partnership with Great Ormond Street Hospital Children's Charity.

Over the following 12 months Center Parcs and its guests will be helping to raise much-needed funds for the charity's Beds for Bedz Appeal. This appeal aims to keep families together by providing accommodation for parents while their children are undergoing treatment at Great Ormond Street Hospital for Children NHS Trust.

Center Parcs are inviting their guests to opt-in and make a donation when booking their short break. Centre Parcs will then match the amount donated and it is hoped the partnership will raise £30,000.



## Make a difference while you shop

Help raise funds while you shop with the Great Ormond Street Hospital Children's Charity credit card. The charity receives a contribution of up to £20 on activation of new accounts and a further 0.25 per cent of the amount spent on card purchases, all at no extra cost to you. It is one of the most attractive charity affinity cards on the market.

For more information and details of how to apply, log on to [www.gosh.org/companies/charity-credit-card](http://www.gosh.org/companies/charity-credit-card) or call 0800 0282440 to request an application form. Typical rate 15.9 per cent APR (variable).



Be a **Gunner.**  
Be a **Runner.**

Arsenal Football Club and Great Ormond Street Hospital Children's Charity invite you to this year's Be a Gunner. Be a Runner. charity fun run. We're asking all Gooners to dust off their running shoes and run 10 laps (6.4km) around the outside of the Emirates Stadium. It promises to be a fantastic day for all our runners with plenty of entertainment and a children's race for the under-14s. We're hoping some celebrities will join all the runners and Gunnersaurus is sure to make an appearance.

Log on to [www.beagoonerbeagiver.org](http://www.beagoonerbeagiver.org) now to sign up or call Joanna Wallis on 020 7239 3160 for more details.

## A view from Staff Side

By Adam Levy, Staff Side rep

As you should have heard by now, Great Ormond Street Hospital for Children NHS Trust (GOSH) is applying for Foundation Trust (FT) status this year (see page 8). The consultation document for staff (right), giving everyone who works here the chance to give their views on a number of key questions, was launched last month and the FT ambassadors will be going round to as many meetings as possible to answer any questions you may have. So everyone should soon have more information about the changes within the organisation, why it is so important and how they can get involved.

But with so many alarmist headlines in the press about job cuts, funding crises, closures and mergers within the health sector, particularly in London, questions about what being an FT really means, whether it will save us from the bad times ahead, and what will happen to your job may be harder to answer.

The independence from many of the financial directives from NHS London (which replaced the old more locally focussed Strategic Health Authorities) and the Department of Health should be a major bonus, but there will still be plans they are involved in that will have major effects on staff, such as centralisation of services within Greater London, changes to health commissioning, setting up of polyclinics, and superlabs. Our specialist services should be safe, but the essential flexibility and efficiency we will have to show to meet different economic pressures, not least the need to create a financial surplus (to have a pot of money in the bank) before we start, are going to continue to be a real strain. The emphasis on saving money while improving patient care will still be a major theme when operating as a FT. Hopefully, by getting things right at the beginning we will avoid continued pain in the future, but no-one can possibly think it will be an easy ride. Foundation Trust status has not saved every hospital trust from financial problems or always made everything better for patients, it's getting the priorities right that counts.



The staff consultation about becoming an FT talks about increased involvement in decision-making, which can only be a very good thing from a union point of view, but just as important is to keep as much as possible of the workforce within the NHS to maintain access to the excellent terms and conditions and to fight to keep them. Our working practices and the range of duties and roles may alter drastically over the next few years, hopefully to the benefit of patients, but staff have to be looked after as well. This is a key part of the FT strategy. Not everyone likes change, but everyone needs to feel supported.

You may think there is nothing to be gained from being an FT (the staff summary on the web contains a good table of what will and won't change), you may think that your voice is not important, or that all the plans are just hot air. Or maybe you have been waiting to get into the open your great idea for how things could be better right now, or think you can really help with future plans. Whatever your views, this is the chance to let the FT Team know about them and help GOSH become a better place to work – just don't expect instant miracles!

## A day in the life of Paul West

Paul West is the project manager for Great Ormond Street Hospital for Children NHS Trust's (GOSH) major redevelopment projects and has been at the hospital permanently since 1998 – although he had a short spell here for a couple of years before that. He manages the client briefing, design, construction and handover of the new hospital buildings, as well as the demolition of the existing estate, and has so far managed the successful completion of the Camelia Botnar Laboratories, the Octav Botnar Wing and Weston House. Here he tells *Roundabout* about a typical Monday.



**6am** "The alarm goes off and I leave the house at about 6.40am. I live near Stansted and drive from home to the bottom of the M11 and then take the Central Line from Redbridge as far as Holborn."

**8.15am** "I get here and have a coffee and two slices of toast from a little café around the corner – sometimes a bacon roll. My first half hour is spent responding to emails – internally from GOSH clinical planners or estates and externally from the designers or the main contractor for the current building, the Morgan Stanley Clinical Building."

**9am** "I meet the contractor – we're reviewing a whole series of technical submittals for all the mechanical and electrical systems to be installed in the new building. These systems are extremely complex and it's essential the Trust is fully aware of the systems strategy and suppliers being proposed."

**10.30am** "I look at design proposals from the design team. Sometimes the contractor offers us alternatives for the design that are better value for money than the original specification."

**12.30pm** "I normally just have a couple of rolls from the café and catch up on emails. I don't go out for lunch – I tend to eat at the computer."

**1.30pm** "I go through some of the internal room layouts and designs with the clinical planners. For example, we recently changed the composition of the operating theatre floor and we need to check all the equipment content and environmental conditions GOSH require have been included on the schedules and drawings."

**2.30pm** "I normally go out on site to monitor progress. We comment on the quality of the work and check there are no safety breaches on the site. It's undertaken with the contractor's project manager and all matters are openly discussed."

**3.30pm** "I catch up on mail and review the contractors correspondence and responses to variations in the contract we have issued."

**6pm** "Back to the Central Line (standing of course) and normally get home about 7.45pm."

**8pm** "Dinner – my wife cooks. Then I watch TV. I like any sport – although I'm on a limited sport allowance – I also like wildlife and travel programmes and *QI*. I used to take work home but now I'd rather stay late to make sure it's done."

**11.00/11.30pm** "Bed. I tend to read for about 20 minutes – usually until I've read the same paragraph about three times and then I find I sleep straight away. I'm reading the *Bourne Ultimatum* at the moment."



# Sports update



## Steady progress for the football team

Match report by Paul Ryves

### GOSH 1 – C&R 1

Following two successive wins in December, GOSH went into this game with some confidence. But C&R were third in the league and lived up to expectations – the match was not pretty and C&R prevented GOSH showing the flair of their previous two matches. The first half was a tough lesson and ended 1–0 to C&R. Fighting spirit got GOSH back into the game and Chris Ingram nipped an equaliser with 10 minutes to go. The team saw out the rest of the game with good defensive play.

### GOSH 5 – Independent Police Complaints Commission (IPCC) 1

Following the disappointing draw, GOSH were looking to get back to winning ways. IPCC were second from bottom, but a woeful start led to GOSH being 1–0 down at half-time.

The team came out in the second half with a more direct style and started to create chances. Gaps emerged in the opposition's defence and a good move gave Duncan Shepherd his first goal of the season. GOSH quickly scored again through Chris Ingram, who later scored a second, and Ian Sabini and Martin De Sousa added to the goal tally to round off a well deserved victory.

## Top two finish for in-form GOSH

Match report by Hayley Dodman

GOSH netball team remain unbeaten in 2010, and finished in second place as the Euston Winter League came to a close.

They beat Shine 20–6 on January 19 and the next week the team recorded its biggest win of the season – scoring 37 goals to Euston We Have a Problem's eight.

The final game, against Standard Deviants, was one of the closest. A tight first half saw the teams matched goal for goal, but GOSH made an important change in the second and pulled four goals ahead. Final score: 15–11.

The team collected an award for ending the season as runners up (below), with MTV in first place. Leanne Durkan (far right) picked up the player of the season award after collecting a whooping seven player of the match nominations.

**The Sports and Social Committee is funded by Great Ormond Street Hospital Children's Charity.**

